DIGNITY DENTAL PRACTICE
Family & Cosmetic Dentistry

Crown & Bridge Aftercare

A new crown or bridge may feel slightly different at first. Mild gum tenderness or temperature sensitivity can occur while the area settles.

MILD SENSITIVITY	CHECK YOUR BITE	KEEP IT CLEAN
Some cold or pressure sensitivity can occur at first.	The restoration should feel comfortable when you close.	Brush daily and clean between or under restorations.

For the First Day

- Wait until numbness has completely worn off before chewing.
- Start with comfortable foods if the area feels tender.
- Avoid ice and extremely hard, sticky, or chewy foods that could damage or dislodge the restoration.

Daily Care

- Brush at least twice daily with fluoride toothpaste and a soft-bristled toothbrush.
- Clean between your teeth every day. For a bridge, use the flossing aid, interdental cleaner, or water flosser recommended by your dental team to clean underneath.
- Keep regular dental examinations and professional cleanings.

Call Dignity Dental Practice If

- The crown or bridge feels loose, shifts, or comes off.
- Your bite feels high or the treated tooth contacts first.
- You develop persistent sharp pain, worsening sensitivity, swelling, a bad taste, or a sharp/chipped edge.

Protect your investment: Crowns and bridges depend on healthy supporting teeth and gums. Good home care and regular professional maintenance are essential.

Questions or concerns?
Call Dignity Dental Practice at (209) 957-1244.

1545 Saint Marks Plaza, Suite 1, Stockton, CA 95207 | **(209) 957-1244** | **www.dignitydentalpractice.com**