DIGNITY DENTAL PRACTICE
Family & Cosmetic Dentistry

Temporary Crown / Bridge Care

Your temporary restoration protects the prepared tooth while the final crown or bridge is being made. Temporary cement is intentionally less retentive, so a little extra care is important.

AVOID STICKY FOODS	FLOSS CAREFULLY	KEEP YOUR APPOINTMENT
Gum, caramel and chewy candy can pull a temporary off.	Clean the area without lifting the temporary.	The temporary is not the final restoration.

Eating

- Do not chew until numbness has worn off.
- Avoid sticky, chewy, very hard, or crunchy foods on the temporary side.
- For front temporaries, avoid biting directly into hard foods; cut food into smaller pieces instead.

Brushing & Flossing

- Brush gently but thoroughly around the temporary and along the gumline.
- Floss carefully. If your dentist has instructed you to slide floss out from the side rather than lifting it back through the contact, follow that technique to avoid loosening the temporary.
- Keep the area clean because plaque can build up around temporary materials.

If the Temporary Feels Different

- Some temperature sensitivity or gum tenderness can occur after tooth preparation.
- If the bite feels uneven or the temporary hits first, call us for an adjustment.

If It Comes Loose or Falls Off

- Keep the temporary if you can find it.
- Call Dignity Dental Practice promptly so we can advise you and re-cement or replace it if needed.
- Do not use household glue or permanently bond the temporary yourself.

Important: Do not delay your final crown or bridge appointment. The temporary protects the tooth, but it is not designed for long-term service.

Questions or concerns?
Call Dignity Dental Practice at (209) 957-1244.

Patient education based on Cleveland Clinic crown guidance and commonly accepted temporary crown/bridge care principles.

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