DIGNITY DENTAL PRACTICE
Family & Cosmetic Dentistry

Complete & Partial Denture Care

Dentures work best when they are kept clean, handled carefully, and checked regularly. Your mouth also needs daily care even when all natural teeth have been replaced.

CLEAN DAILY	REMOVE AT NIGHT	NEVER FORCE A PARTIAL
Rinse and brush dentures every day.	Give oral tissues time without the denture.	Seat it gently - do not bite it into place.

Daily Denture Cleaning

- Rinse dentures to remove loose food before brushing.
- Brush all surfaces with a soft denture brush or soft toothbrush and a non-abrasive denture cleanser. Regular toothpaste may be too abrasive for dentures.
- Clean your gums, tongue, cheeks, and roof of your mouth daily with a soft toothbrush or as directed.
- Rinse dentures thoroughly before putting them back in your mouth, especially after using a soaking cleanser.

At Night

- Remove dentures for the sleep period unless your dentist has specifically told you otherwise.
- Keep dentures moist when they are out of your mouth. Store them in water or the soaking solution recommended for your denture material.
- Do not place dentures in hot or boiling water because heat can change their shape.

1545 Saint Marks Plaza, Suite 1,
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(209) 957-1244

www.dignitydentalpractice.com

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Living Comfortably With Dentures

Eating & Speaking

- New dentures take practice. Start with softer foods cut into small pieces and chew slowly on both sides.
- Avoid very sticky or extremely hard foods while you are adapting.
- If speech feels different, reading aloud can help you adjust.

Partial Dentures

- Insert and remove your partial exactly as demonstrated. It should seat with gentle pressure.
- Never bite a partial denture into position - this can bend or break clasps and damage teeth.
- Keep the natural teeth supporting the partial especially clean.

Adhesives

- Use denture adhesive only as directed and only when appropriate for your denture.
- Adhesive is not a substitute for evaluation of a denture that no longer fits well.

Call Dignity Dental Practice If

- You have persistent sore spots, irritation, ulcers, or pain.
- The denture becomes loose, cracked, chipped, or difficult to insert.
- A partial denture clasp bends or the denture no longer seats easily.
- Your bite changes or you have difficulty chewing that is not improving.

Dentures still require dental visits. Regular examinations allow us to check the fit of the denture and the health of your gums, tongue, remaining teeth, and other oral tissues.

Questions or concerns?
Call Dignity Dental Practice at (209) 957-1244.

Patient education based on ADA/MouthHealthy complete and partial denture care guidance and prosthodontic maintenance recommendations.

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